

Adrenal Adapt

60 Hard Capsules

AUST L 444375



Adrenal Adapt is a comprehensive adaptogen and adrenal tonic that improves stress tolerance by modulating the HPA (hypothalamus-pituitary-adrenal) axis and restoring healthy adrenal gland function. It enhances physical endurance, stamina and resilience and improves mental and physical fatigue due to chronic stress resulting from our busy lifestyle and stressful environment.

Adrenal Adapt supports the body's immune response and promotes longevity, metabolism, and growth of normal cells. Additionally, it induces apoptosis (normal programmed cell death), serving as an immune modulator.

Rehmannia reduces inflammation in auto-immune diseases and allergic conditions, whereas Schisandra is liver-protective and improves detoxification and liver function. It activates both nitric oxide and cortisol. It also possesses anti-inflammatory, antioxidant, and anti-tumour properties. It functions as a mild anti-depressant.

Glycyrrhiza glabra (Liquorice) protects against gastric and duodenal ulceration and gastroesophageal reflux, frequently associated with stress. It improves the clinical picture of adrenal insufficiency due to the structural resemblance to adrenal cortex hormones and has mineralocorticoid and glucocorticoid activity. It also slows the breakdown of cortisol and exerts anti-carcinogenic and anti-inflammatory properties similar to the action of hydrocortisone.

Adrenal Adapt reduces mental fatigue and brain fog related to chronic physical and emotional stress and supports cognitive function, promoting mental clarity and improving focus, concentration and memory. B vitamins and Zinc support neurotransmitter production. Zinc's antioxidant actions support a robust immune response and protect against oxidative stress. Chromium and zinc improve carbohydrate metabolism and insulin sensitivity to maintain healthy blood sugar levels and reduce sugar cravings. Ashwagandha invigorates to help relieve nervous exhaustion and general malaise due to stress and anxiety. It can also combat insomnia and has mood-stabilising properties.

Long-term use of Adrenal Adapt can improve well-being in elderly patients with debilitating or degenerative conditions.

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Adrenal Adapt

Capsule Size



VEGETARIAN
AND
VEGAN
FRIENDLY



Blended, encapsulated & packaged in Australia.
Made from superior quality ethically sourced ingredients.



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ACTIVE INGREDIENTS PER HARD CAPSULE

<i>Withania somnifera (Ashwagandha)</i>	
Extract dry concentrate	8 mg
Derived from dry root	160 mg
<i>Schisandra chinensis (Magnolia vine)</i>	
Extract dry concentrate	100 mg
Derived from dry fruit	1 g
<i>Rehmannia glutinosa (Chinese foxglove)</i>	
Extract dry concentrate	200 mg
Derived from dry root	2 g
Panax ginseng	
Extract dry concentrate	150 mg
Derived from dry root	1.5 g
<i>Glycyrrhiza glabra (Liquorice)</i>	
Extract dry concentrate	125 mg
Derived from dry rhizome	1 g
Zinc (from zinc glycinate)	10 mg
Chromium (from chromium picolinate)	17.5 µg
Folinic acid (from calcium folinate)	50 µg
Biotin	35 µg
Hydroxocobalamin	10 µg
Pyridoxine (from Pyridoxal 5-phosphate Monohydrate)	3.19 mg
Pantothenic acid (from calcium pantothenate)	10 mg
Nicotinamide	15 mg
Riboflavin (as sodium phosphate)	2.5 mg
Thiamine (as hydrochloride)	1.5 mg

EXCIPIENTS

Calcium hydrogen phosphate dihydrate
Colloidal anhydrous silica
Dextrin
Hypromellose
Magnesium stearate
Maltodextrin
Microcrystalline cellulose

DIRECTIONS FOR USE

Take 2 capsules on waking, or 1 capsule on waking/with breakfast, and 1 at midday with water, or as directed by your healthcare practitioner. Store below 25°C in a cool dry place away from direct heat and sunlight. Do not use if seal on cap has been broken.

NO ADDED

Gluten, milk, lactose, peanuts, tree nuts, fish, crustacea, egg, sesame seeds, artificial sweeteners or flavours.

INDICATIONS

- Panax Ginseng is traditionally used in Western herbal medicine. It is an Adaptogen that helps to maintain stamina, supports cognitive/mental function, and helps the body adapt to stress.
- Liquorice is used in traditional Western herbal medicine. It supports healthy adrenal gland function.
- Schisandra chinensis (Magnolia vine) is traditionally used in Western medicine as an adaptogen and helps the body adapt to stress. It is also used to support and maintain natural liver cleansing and detoxification processes.
- Rehmannia is used in traditional Chinese medicine and supports healthy adrenal gland function
- Chromium maintains healthy blood sugar levels and assists in carbohydrate metabolism.

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Hormone Hero



Methyl Master



Think Zinc



Magnesium Master

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