# Dynamic D+

## Advanced Vitamin D3, K2 & Bone Matrix Support

60 FILM-COATED TABLETS | AUST L 526349

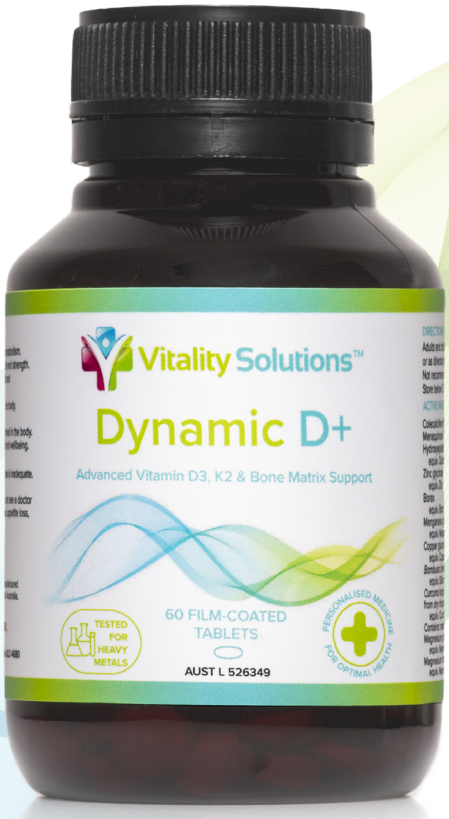
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SUPPLEMENTS
Clinical expertise to elevate your health

Bone is living tissue, constantly broken down and rebuilt throughout life. Building strong bones is not just about calcium: it takes getting calcium to the right place, at the right time, supported by the nutrients that regulate bone formation. **Dynamic D+** is built around that biology: a complete vitamin D3, K2 and bone-support matrix for growing bodies and adults alike.

### Vitamin K2 helps direct calcium where it belongs

**Vitamin K2 (as MK-7) activates the matrix Gla proteins that help direct calcium into bone and away from soft tissues. Paired with D3, which drives calcium absorption, the two work as a team: D3 brings calcium in, K2 helps put it where it belongs. This is why Dynamic D+ supports both bone and cardiovascular system health.**

**For growing adolescents, adults building and protecting bone mass, and older patients maintaining bone health.**




### More than a vitamin D supplement

Healthy bone relies on more than vitamin D alone. It needs calcium in the form bone uses, the co-factors required for collagen formation, and antioxidant support for the cells responsible for bone turnover. **Dynamic D+ has been formulated to support the whole process, not just one step of it:**

- **D3 + K2 together**, so calcium is both absorbed and helped into bone rather than soft tissue.
- **Calcium as hydroxyapatite**, uniquely providing both calcium and phosphorus in the same mineral structure found in healthy bone, not calcium alone.
- **The full co-factor set**, zinc, manganese, copper, boron and silica, that bone-building enzymes actually require.
- **A standardised curcuminoid extract**, as part of a comprehensive bone-support formulation.

*That is the difference between supplying a nutrient and supporting a system.*

### Stack me!

Formulated to work together as an integrated system. Every Vitality Solutions supplement is designed to be combined, so practitioners can build a targeted protocol from complementary products.

### Vitamin D3 — the active form, doing more than bone

Dynamic D+ provides vitamin D3 (cholecalciferol), the same form produced naturally in the skin following sun exposure. Beyond its central role in calcium absorption and bone mineralisation, the vitamin D receptor is expressed across almost every tissue, including immune cells and the central nervous system, which is why D3 also supports healthy immune system function and muscle function. *For patients aware their vitamin D status is low, Dynamic D+ provides a sensible foundational level of D3 to help maintain healthy vitamin D levels where dietary intake or sun exposure falls short.*

### Calcium in the form found naturally in bone

Unlike many calcium supplements that provide calcium alone, microcrystalline hydroxyapatite naturally contains both calcium and phosphorus in the same mineral structure found in healthy bone. It is paired with magnesium in two well-absorbed forms (glycinate and citrate), a partner to vitamin D in calcium metabolism that supports bone development, density and strength.

### Essential bone co-factors — building the living matrix

Strong bone is more than minerals. It is a collagen framework that minerals crystallise onto, and that framework needs enzyme co-factors to build and maintain it.

- Manganese and copper drive the enzymes that cross-link collagen and form proteoglycans, supporting connective tissue formation and joint cartilage health.
- Zinc is required for the synthesis of bone matrix proteins and supports immune function.
- Silica (from bamboo) contributes to connective tissue structure.
- Boron supports the metabolism of the minerals and vitamin D that bone depends on.

### Antioxidant defence for the bone-building cells

Zinc, copper and manganese help form superoxide dismutase (SOD), one of the body's major antioxidant enzymes, helping reduce free radicals formed in the body and protect the cells responsible for normal bone turnover.

### Curcuminoids — the modulating layer

Bone is continually remodelled through the balanced activity of bone-forming osteoblasts and bone-resorbing osteoclasts. Curcuminoids from turmeric have been investigated for their role in this process. Dynamic D+ includes a standardised curcuminoid extract as part of its comprehensive bone-support formulation.

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Vitality Solutions™

SCAN TO VIEW OUR FULL RANGE

***Vitamin D3 ➜ calcium absorption ➜ Vitamin K2 ➜ calcium directed into bone ➜ hydroxyapatite ➜ bone matrix ➜ minerals & co-factors ➜ healthy bone turnover***

## ACTIVE INGREDIENTS PER TABLET

| | |
|---|---|
| **Colecalciferol (Vitamin D3)** | 25 µg (1000 IU) |
| **Menaquinone 7 (Vitamin K2)** | 80 µg |
| **Hydroxyapatite (bovine)** | 500 mg |
| Equiv. Calcium | 110 mg |
| **Magnesium glycinate dihydrate** | 350.88 mg |
| Equiv. Magnesium | 40 mg |
| **Magnesium citrate anhydrous** | 129.45 mg |
| Equiv. Magnesium | 20 mg |
| **Zinc glycinate** | 16.32 mg |
| Equiv. Zinc | 5 mg |
| **Borax** | 22.05 mg |
| Equiv. Boron | 2.5 mg |
| **Manganese gluconate** | 20.26 mg |
| Equiv. Manganese | 2.5 mg |
| **Copper gluconate** | 7.14 mg |
| Equiv. Copper | 1 mg |
| ***Bambusa breviflora* herb top dry** | 28.57 mg |
| Equiv. Silicon dioxide | 20 mg |
| ***Curcuma longa* (turmeric) rhizome ext. dry conc.** | 78.95 mg |
| from dry rhizome | 1.97 g |
| Equiv. Curcuminoids | 75 mg |

*Contains: maltodextrin (from corn).*

## NO ADDED

Gluten, dairy, soy, artificial colours, flavours or preservatives.

## DIRECTIONS FOR USE

**Adults and children 12 years and over:** 1 tablet daily with food, or as directed by your healthcare practitioner.
Not recommended for children under 12 years of age.

Store below 25°C in a cool, dry place out of direct sunlight.

## CLINICAL SUMMARY

Dynamic D+ may be suitable, from age 12, for:

- ✔ Supporting healthy bone mass, mineralisation, density and strength.
- ✔ Connective tissue formation, joint cartilage health and muscle function.
- ✔ Antioxidant, cardiovascular and immune support within a bone-health protocol.

## WARNINGS

- Vitamins and minerals can only be of assistance if dietary intake is inadequate.
- Not to be taken by children under 2 years old.
- In very rare cases, curcumin may harm the liver. Stop use and see a doctor if you have yellowing skin/eyes or unusual: fatigue, nausea, appetite loss, abdominal pain, dark urine, or itching.
- Contains bovine-derived ingredients.
- Always read the label and follow the directions for use.

## INDICATIONS

- Vitamin D helps calcium absorption and supports calcium metabolism.
- Supports healthy bone development, mineralisation, density and strength.
- Supports connective tissue formation, joint cartilage health and development, and muscle function.
- Maintains Vitamin D, Vitamin K, Copper and Zinc levels in the body.
- Supports healthy immune system function.
- Has antioxidant properties and helps reduce free radicals formed in the body.
- Supports cardiovascular system health and general health and wellbeing.

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