

Hormone Hero

60 Hard Capsules

AUST L 444314



Hormone Hero is a powerful natural formula meticulously formulated to foster balanced and vibrant hormone levels from adolescence to perimenopause.

Our synergistic blend features potent ingredients such as Ashwagandha, Peony, Lemon Balm and Vit B5 to alleviate anxiety and support the body in managing stress effectively. It incorporates the additional power of Vitex to diminish premenstrual symptoms, making menstrual cycles more manageable. Angelica and Vitex support the regulation of female reproductive hormones and a healthy menstrual cycle.

Zinc plays a crucial role in female fertility and is necessary for ovulation and fertilisation. Its multifaceted benefits include antioxidant properties, reduced skin breakouts and promotion of healthy bone, hair and nails. Zinc works in synergy with Iodine to enhance breast and uterine health, while added Selenium and Iodine support thyroid function, thereby regulating metabolism and energy levels. Chromium helps reduce cravings and maintains healthy blood sugar levels.

Peony helps relieve period cramps, can reduce acne and helps to improve PCOS by supporting the metabolism of Testosterone to Estrogen. Peony also acts as a phytoestrogen. Vitex offers relief for perimenopausal symptoms such as hot flushes, irregular bleeding, and sleep disorders. Lemon balm, renowned for its soothing properties, relieves gastrointestinal discomfort along with Peony. Shatavari promotes female reproductive system health and a healthy libido.

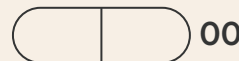
Milk thistle, along with broccoli sprout and Calcium D-glucarate, supports effective hormone detoxification by enhancing the elimination of toxins and carcinogens. **Calcium D-glucarate** inhibits beta-glucuronidase activity, an enzyme produced by dysbiotic gut bacteria that can hinder the excretion of excess estrogen.

Experience the transformative benefits of Hormone Hero and take command of your hormonal health today.



Hormone Hero

Capsule Size





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ACTIVE INGREDIENTS PER HARD CAPSULE

<i>Withania somnifera (Ashwagandha)</i>	
Extract dry concentrate	75 mg
Derived from dry root	1.5 g
<i>Vitex agnus-castus (Chasteberry)</i>	
Extract dry concentrate	100 mg
Derived from dry fruit	1 g
<i>Silybum marianum (Milk thistle)</i>	
Extract dry concentrate	2.86 mg
Derived from dry fruit	200.2 mg
<i>Paeonia lactiflora (Common garden peony)</i>	
Extract dry concentrate	750 mcg
Derived from dry root	75 mg
<i>Melissa officinalis (Lemon balm)</i>	
Extract dry concentrate	10 mg
Derived from dry leaf	100 mg
<i>Brassica oleracea var. Italica (Broccoli)</i>	
Extract dry concentrate	10 mg
Derived from dry sprout	100 mg
<i>Asparagus racemosus (Shatavari)</i>	
Extract dry concentrate	150 mg
Derived from dry root	1.5 g
Angelica polymorpha	
Extract dry concentrate	125 mg
Derived from dry root	2.5 g
Zinc glycinate	
Equiv. zinc	26.6 mg
Equiv. zinc	7.5 mg
Selenomethionine	
Equiv. selenium	93.1 mcg
Equiv. selenium	37.5 mcg
Potassium iodide	
Equiv. iodine	98.1 mcg
Equiv. iodine	75 mcg
Chromium picolinate	
Equiv. chromium	201.1 mcg
Equiv. chromium	25 mcg
Calcium pantothenate	
Equiv. pantothenic acid (Vitamin B5)	3.28 mg
Equiv. pantothenic acid (Vitamin B5)	3 mg
Contains Calcium D-glucarate	100 mg

EXCIPIENTS

Calcium hydrogen phosphate dihydrate
 Calcium saccharate
 Colloidal anhydrous silica
 Dextrin
 Hypromellose
 Magnesium stearate
 Maltodextrin
 Microcrystalline cellulose

DIRECTIONS FOR USE

Adults: Take 1 capsule twice daily with water or after food or as recommended by your healthcare practitioner. Store below 25°C in a cool dry place away from direct heat and sunlight. Do not use if seal on cap has been broken.

NO ADDED

Gluten, milk, lactose, peanuts, tree nuts, fish, crustacea, egg, sesame seeds, artificial sweeteners or flavours.

INDICATIONS

- Angelica is used in traditional Chinese medicine. It reduces menstrual cycle irregularity and nourishes the blood.
- Shatavari is traditionally used in Ayurvedic medicine as a rejuvenating tonic to support vitality. It also acts as a uterine tonic, supports female reproductive system health, and promotes a healthy libido.
- Vitex (Chasteberry) is used in Western herbal medicine to support female reproductive hormones and regulate healthy menstrual cycles. It relieves symptoms of premenstrual tension and menopause.
- Ashwagandha is used in Ayurvedic medicine as a rejuvenating tonic. It relieves symptoms of stress and general malaise.
- Iodine supports healthy thyroid gland function, thyroid hormone production, body metabolism and energy levels.
- Selenium supports healthy thyroid function and immune system health.
- Chromium assists in carbohydrate metabolism, reduces sugar cravings, and maintains healthy blood sugar levels.
- Zinc supports female reproductive system health, reduces uterine cramping, supports immune function, and supports healthy hair, skin, and nails.
- **Contains Calcium D-glucarate 100 mg - Calcium D-glucarate** is a compound that supports the body's detoxification processes by enhancing the elimination of toxins and carcinogens. It aids in maintaining healthy hormone levels by inhibiting beta-glucuronidase, an enzyme that can interfere with the excretion of excess estrogen. Additionally, it may promote liver health and overall well-being through its detoxifying properties.

WARNINGS: Vitex agnus-castus may affect hormones and medicines such as oral contraceptives. Consult your healthcare practitioner before use. If symptoms persist, consult your healthcare practitioner.

This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded.

You may also be interested in



Adrenal Adapt



Methyl Master



Think Zinc



Magnesium Master

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