

Methyl Master

60 Hard Capsules

AUST L 445687



Methyl Master is a premium-quality methylated B complex formulated with carefully selected ingredients to provide targeted support for methylation and overall health optimization. Methylation is crucial for generating methyl groups that are essential for over 400 biochemical reactions in the body. It serves as a pivotal detox pathway and plays a vital role in DNA and RNA repair and gene expression. Methylation function is partially determined by genetics, therefore supporting this important biochemical process makes a lot of sense.

Moreover, Methyl Master supports neurological health and contributes to a balanced mood by facilitating the synthesis of key neurotransmitters like GABA, dopamine and serotonin. This potent blend effectively lowers homocysteine levels, thereby promoting cardiac health. Notably, elevated homocysteine represents an independent risk factor for atherosclerosis, cardiovascular disease and dementia, as well as poorer outcomes in those with diabetic kidney disease.

CoQ10 is pivotal for mitochondrial function and acts as a lipid-soluble antioxidant that safeguards against free radical damage, enhances exercise tolerance, and supports cardiac health. Niacin, a vital precursor to NAD, plays a significant role in energy metabolism, DNA synthesis, and cellular respiration.

The B vitamins aid in the maintenance of normal red blood cells, reducing fatigue. Furthermore, Vitamin B5 is indispensable for proper adrenal cortex function and steroid hormone synthesis. Methyl Master is specifically designed to elevate energy levels and assists carbohydrate, protein, and fat metabolism.

Zinc, functioning as a powerful antioxidant, combats free radicals and supports healthy detoxification pathways. In conjunction with Biotin, it fosters healthy hair, skin, and nails. Additionally, zinc contributes to proper immune function, maintains healthy reproductive hormones in males and females and supports healthy reproductive system health.



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Capsule Size





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ACTIVE INGREDIENTS PER HARD CAPSULE

Thiamine hydrochloride (Vitamin B1)	127.1 mg
Equiv thiamine	100 mg
Riboflavin sodium phosphate	39.47 mg
Equiv riboflavin (Vitamin B2)	30 mg
Nicotinamide (Vitamin B3)	50 mg
Calcium pantothenate	54.59 mg
Equiv pantothenic acid (Vitamin B5)	50 mg
Pyridoxal 5-phosphate monohydrate	47.02 mg
Equiv pyridoxine (Vitamin B6)	30 mg
Levomefolate glucosamine (Quatrefolic™)	901.7 mcg
Equiv levomefolic acid	500 mcg
Mecobalamin (Methyl Vitamin B12)	500 mcg
Biotin	2 mg
Choline bitartrate	121.57 mg
Equiv choline	50 mg
Serine	50 mg
Ubidecarenone (Coenzyme Q10)	30 mg
Zinc citrate dihydrate	46.73 mg
Equiv zinc	15 mg

EXCIPIENTS

Calcium hydrogen phosphate dihydrate
 Colloidal anhydrous silica
 Hypromellose
 Magnesium stearate
 Microcrystalline cellulose
 Silicon dioxide

DIRECTIONS FOR USE

Adults: Take 1 capsule daily with water after food or as recommended by your healthcare practitioner. Store below 25°C in a cool dry place away from direct heat and sunlight. Do not use if seal on cap has been broken.

Take with water or after food in am, or as recommended.

NO ADDED

Gluten, milk, lactose, peanuts, tree nuts, fish, crustacea, egg, sesame seeds, artificial sweeteners or flavours.

INDICATIONS

- Vitamins B1, B2, B3, B5, B6, Biotin and CoQ10 promote energy levels.
- CoQ10 and Zinc are antioxidants, which reduce free radicals and reduce oxidative stress.
- Vit B6 and Vit B12 reduce homocysteine levels and support neurotransmitter synthesis; Vit B3 and Vit B6 support nervous system function.
- Zinc supports reproductive hormones, healthy immune system function and healthy hair, skin and nails.

WARNINGS: Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains Vitamin B6].

Do not take while on warfarin therapy without medical advice.

Vitamin and/or mineral supplements should not replace a balanced diet.

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Think Zink



Hormone Hero



Magnesium Master