

Think Zinc

60 Hard Capsules

AUST L 444374



Think Zinc has been expertly formulated to enhance your overall health and vitality. Packed with potent antioxidants and free radical scavengers, Zinc and Vitamin C, it mitigates DNA and cellular damage from oxidative stress, a precursor to chronic disease. It also facilitates the regeneration of other antioxidants like Vitamin E and glutathione. Zinc boosts your non-specific and acquired immunity and promotes resilience and health.

Zinc is a biologically essential trace element and cellular building block that affects many fundamental life processes. It is critical for normal development and functioning of cells, including cellular growth and replication, as well as carbohydrate, fat and protein metabolism, particularly in rapidly growing cells like the gastrointestinal system. Zinc plays an instrumental role during embryogenesis, fetal growth and development.

Zinc benefits skeletal health by playing a structural role in the bone matrix and enhancing the action of Vitamin D. It supports healthy eyes and vision and strengthens hair and nails. Together with Vitamin C, it improves wound healing and overall mucosal, skin and connective tissue health, integrity and regeneration. Zinc is also crucial in the treatment of acne.

Zinc, in conjunction with Vitamin B6, facilitates neurotransmitter production and the transmission of nerve impulses, contributing to a healthy mood, optimal nervous system function and enhanced cognitive function. It plays a pivotal role in behaviour and learning. Vitamin B6 is a critical coenzyme in the biosynthesis of key neurotransmitters like GABA, dopamine and serotonin.

Think Zinc contributes to both male and female reproductive system health by supporting processes such as ovulation and fertilisation, healthy testicular function, sperm production and prostate health. Low Zinc levels are associated with low concentrations of testosterone. Lactation can also deplete maternal zinc reserves. Vitamin B6 is intimately involved in the regulation of hormonal activity.

Zinc plays a comprehensive role in insulin function, promoting stabilised blood sugar levels. It protects the liver from chemical damage and supports detoxification. Vitamin C also supports the absorption of dietary iron.

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Think Zinc

Capsule Size



VEGETARIAN
AND
VEGAN
FRIENDLY



Blended, encapsulated & packaged in Australia.
Made from superior quality ethically sourced ingredients.



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ACTIVE INGREDIENTS PER HARD CAPSULE

Zinc glycinate	48.87 mg
Equiv. zinc	13.78 mg
Zinc ascorbate monohydrate	74.29 mg
Equiv. ascorbic acid (Vitamin C)	60 mg
Equiv. zinc	11.22 mg
Ascorbic acid (Vitamin C)	65 mg
Total dose of elemental zinc	25 mg
Total dose of elemental Vitamin C	125 mg
Pyridoxine hydrochloride	42.54 mg
Equiv. pyridoxine (Vitamin B6)	35 mg
Biotin	500 mcg
d-alpha-tocopheryl acetate	25 mg
Manganese amino acid chelate	12.5 mg
Equiv. manganese	2.5 mg
Molybdenum trioxide	75 mcg
Equiv. molybdenum	50 mcg
Selenomethionine	86.9 mcg
Equiv. selenium	35 mcg

EXCIPIENTS

Calcium hydrogen phosphate dihydrate
 Colloidal anhydrous silica
 Hypromellose
 Magnesium stearate
 Microcrystalline cellulose
 Silicon dioxide

DIRECTIONS FOR USE

Adults: Take 1 capsule daily with water after food or as recommended by your healthcare practitioner. Store below 25°C in a cool dry place away from direct heat and sunlight. Do not use if seal on cap has been broken.

NO ADDED

Gluten, milk, lactose, peanuts, tree nuts, fish, crustacea, egg, sesame seeds, artificial sweeteners or flavours.

INDICATIONS

- Zinc glycinate and Vitamin C support a healthy immune system, are antioxidants and quench free radicals.
- Supports skin health and wound healing
- Zinc supports cognitive function and mental health
- Vitamin B6 supports energy levels, nervous system function and neurotransmitter synthesis
- Zinc aids metabolism, supports male and female reproductive systems and sperm health
- Supports healthy bones, eyes, hair, skin and nails

WARNINGS: Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains Vitamin B6]. This medicine contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Vitamin and/or mineral supplements should not replace a balanced diet.

You may also be interested in



Adrenal Adapt



Methyl Master



Hormone Hero



Magnesium Master