

Think Zinc

The intelligent zinc complex for mental clarity, immune defence, reproductive health and whole-body vitality.

60 HARD CAPSULES | AUST L 507878



Vitality Solutions™
SUPPLEMENTS

Clinical expertise to elevate your health

PRODUCT OVERVIEW

Think Zinc is a next-generation zinc complex designed to **enhance cellular vitality, immune strength, reproductive health and mental clarity.**

Zinc regulates more than 300 enzymatic reactions involved in DNA synthesis, gene expression, hormone balance, and tissue repair—yet mild deficiency is widespread, often presenting as low immunity, poor wound healing, mood changes, or skin and hormonal disturbances.

Each capsule **delivers two gentle, high-absorption forms** – zinc ascorbate and zinc glycinate – combined with vitamins C and E, B6, biotin, selenium, manganese, and molybdenum. This synergistic matrix supports immune and nervous-system performance, reproductive and endocrine function, and the integrity of skin, hair, nails, eyes and connective tissue.

The updated formulation maintains full clinical potency while **improving gastrointestinal comfort and stackable dosing compatibility** across the Vitality Supplements range.

WHY WE REFORMULATED

The latest iteration refines **tolerability and clinical flexibility** without changing efficacy or regulatory status:

- **Optimised Vitamin B6 (25 mg):** Adjusted for stackable use alongside Methyl Master and Magnesium Master, preventing cumulative excess while maintaining therapeutic benefit.
- **Added DGL Licorice (5:1 extract, 30 mg = 150 mg root):** Included to promote gastric and mucosal comfort, reducing the mild upper-GI sensitivity occasionally seen with concentrated mineral formulas.

All other nutrient forms and doses remain unchanged, ensuring **continuity of results.**

FUNCTIONAL NARRATIVE

Think Zinc provides **multi-system support** through integrated biochemical pathways:

- **Neurological and cognitive function:** Zinc and B6 are required for synthesis of serotonin, dopamine and GABA, promoting calm focus, emotional stability and mental clarity.
- **Immune and antioxidant defence:** Zinc drives thymic activity, T-cell maturation and antibody production. Vitamins C and E, selenium and manganese form an interlocking antioxidant network that safeguards DNA and cellular membranes against oxidative damage.
- **Reproductive and hormonal health:** Zinc supports normal testosterone production, ovulation and sperm integrity, while B6 contributes to progesterone and estrogen balance in females.
- **Skin, hair and nails:** By stimulating keratin and collagen synthesis, Think Zinc assists wound healing, reduces acne related inflammation and strengthens integumentary tissues for visible structural support.
- **Gastrointestinal integrity:** DGL licorice soothes and protects mucosal tissue, improving digestive comfort and compliance without glycyrrhizin-related side effects.
- **Metabolic and structural support:** Zinc contributes to insulin signalling, hepatic enzyme activity and bone-matrix formation, underpinning healthy metabolism and musculoskeletal strength.

Reformulated
for improved
gastrointestinal comfort
and tolerability, with a
stackable B6 dose.



Capsule Size: 0



Stack me!

Generate synergistic effects that enhance benefits and boost performance.

Every Vitality Solutions supplement is purposefully formulated to work in harmony – designed with stacking in mind.

TUMMY KIND

FREE OF
HEAVY METALS

PERSONALISED MEDICINE
FOR OPTIMAL HEALTH

VEGETARIAN
AND
VEGAN
FRIENDLY



Blended, encapsulated and packaged in Australia using superior-quality, ethically-sourced ingredients.



Think Zinc

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SCAN TO
VIEW OUR
FULL RANGE

ACTIVE INGREDIENTS PER HARD CAPSULE

Ascorbic acid (Vitamin C)	39.9 mg
Zinc ascorbate monohydrate	74.4 mg
<i>Equiv. ascorbic acid (Vitamin C)</i>	60.1 mg
<i>Equiv. zinc</i>	11.22 mg
Zinc glycinate	44.99 mg
<i>Equiv. zinc</i>	13.78 mg
Total dose of elemental zinc	25 mg
Total dose of elemental Vitamin C	100 mg
Biotin	500 µg
d-alpha-tocopheryl acetate	25 mg
Manganese amino acid chelate	12.5 mg
<i>Equiv. manganese</i>	2.5 mg
Molybdenum trioxide	75 µg
<i>Equiv. molybdenum</i>	50 µg
Pyridoxine hydrochloride	30.39 mg
<i>Equiv. pyridoxine (Vitamin B6)</i>	25 mg
Selenomethionine	86.9 µg
<i>Equiv. selenium</i>	35 µg
Glycyrrhiza glabra (Liquorice)	
<i>Extract dry concentrate</i>	30 mg
<i>Derived from dry root</i>	150 mg

EXCIPIENTS

Calcium hydrogen phosphate dihydrate, colloidal anhydrous silica, hypromellose, magnesium stearate, microcrystalline cellulose, silicon dioxide.

DIRECTIONS FOR USE

Adults: Take 1 capsule daily with water after food, or as directed by your healthcare practitioner. Formulated for stackable use alongside other Vitality Supplements formulas. Store below 25°C in a cool, dry place away from direct heat and sunlight. Do not use if seal on cap/lid has been broken.

Gluten, lactose, nuts, artificial sweeteners and flavours.

INDICATIONS

- Antioxidant – reduces free radicals formed in the body.
- Helps reduce free-radical damage to body cells.
- Supports general health and well-being.
- Maintains healthy immune-system function and defence.
- Supports healthy energy levels and vitality.
- Aids metabolism of proteins, fats and carbohydrates.
- Supports cognitive and mental function.
- Assists synthesis of neurotransmitters and nerve conduction.
- Maintains healthy nervous-system function.
- Supports reproductive health in males and females, including sperm and hormonal health.
- Supports healthy hair, skin, nails, bones and eyes.
- Promotes wound healing, skin integrity and regeneration.
- Helps maintain healthy mucosal membranes and digestive comfort.
- Supports healthy foetal growth and development during pregnancy.
- Supports normal growth and development during pregnancy, childhood and adolescence.

WARNINGS:

If symptoms persist, talk to your health professional.
Stop taking if you experience tingling, burning or numbness (contains Vitamin B6).

Contains selenium – a daily dose of 150 µg for adults should not be exceeded.

Contains soya bean.

Vitamin and/or mineral supplements should not replace a balanced diet.